



WORKING WELLNESS

Good Health is Good Business

FEBRUARY
2016

2016 PRESCRIPTION BENEFIT FORMULARY UPDATES

is...

AMD/Low
Vision
Awareness
Month



EnvisionRx is working to provide you with better prescription coverage while managing the rising cost of prescription medications.

National
Children's
Dental Health
Month



Certain features will apply to your prescription drug benefit as of January 1, 2016 such as:
Non-Covered New-to-Market Medications;
Formulary Exclusions;
Step Therapies and;
Formulary Maintenance Updates

Heart
Month



Please visit our website at:

<http://fl-monroecounty.civicplus.com/index.aspx?NID=274>

for more details about each feature.

With

Congenital
Heart Defect
Awareness
Week



**** Notification letters for impacted members were generated by Envision RX in October 2015 and arrived in homes at least 45 days prior to the implementation of the 2016 Formulary Updates.**

National
Donor Day



BREAKING NEWS !

Give Kids A
Smile Day

LUNCH AND LEARNS PLANNED FOR APRIL.
MORE INFO NEXT MONTH !

For more information on these observances or future observances, go to U.S. Department of Health and Human Services at <http://healthfinder.gov/NHO/nho.aspx>



SPOTLIGHT OF THE MONTH: DELTA DENTAL CARDS



How to print an ID card



You don't need an ID card to receive services

When visiting your Delta Dental or DeltaCare® USA dentist, simply provide your name, date of birth and social security or enrollee identification number. The dental office can use that information to verify your eligibility and benefits.

It's easy to print an ID card! Simply follow these steps:

1. Go to deltadentalins.com.
2. Log in to Online Services with your username and password. (If you don't already have a username or password, click the "Register Today" link to complete the quick registration process.)
3. Once you've logged in, select "My ID Card" on the left-hand side of the page.
4. Click "Print."



SPOTLIGHT OF THE MONTH: QUANTUM EAP

The **Quantum Employee Assistance Program** offers clients access to counseling for a wide range of emotional and behavioral issues. Their national team of professional counselors provide accessible, short-term counseling (up to 8 sessions depending on each situation) within comfortable and supportive environments. Quantum offers you a highly personalized, tailored approach to each situation**.

**** For employees that missed the EAP Workshop:** The Employee Assistance Program Workshop and Communication in the Workplace Training videos are now available via the Monroe County Intranet Portal and are located under the training video heading. The workshop featured a session designed especially for those in supervisory positions and a separate session designed for all employees. In addition, the power point presentations that go along with the workshops are also available to you by contacting the employee benefits office.

Go to their website <http://www.accessqhs.com/> and in the top right corner of the initial page you will see a red icon that says "employer support". Click on that link and then you will need to login with the password QHSmanager (the login is case sensitive). You will see material for download and copy as needed . . . also an employee and supervisory video.

CHECK OUT QUANTUMS MONTHLY NEWSLETTER: <http://www.accessqhs.com/#!/balanced-living/c13v6>



Available 24/7 @ 1-877-747-1200

Or

Check out their website

<http://www.accessqhs.com/>



BE MY VALENTINE!

COMP CORNER

Providing you with continuous general information on your Workers' Compensation benefits.

The Truth About Dishonesty

Workers' compensation insurance is a significant expense for Florida businesses, and fraud pushes the price even higher.

Understanding the consequences of workers' compensation fraud and knowing how to report it can help reduce the cost of doing business.

In claimant fraud, an employee may receive wage replacement benefits under false pretenses.

The dishonest claimant may lie about the injury occurring on the job, or the injury itself.

In addition, the dishonest worker may overstate the extent and seriousness of the injury or receive money from other sources while lying to the insurance company about such income.

Unscrupulous medical practitioners can be paid for excessive or even

nonexistent treatments, and attorneys can also be involved in scams.

Anyone who suspects insurance fraud should report it by calling the DFS Fraud Hotline at

1-800-378-0445

or visit their Web site at:

www.MyFloridaCFO.com/fraud

You could even be eligible for a reward of up to \$25,000.



If you need assistance with W/C please contact Tammy Sweeting @ (305) 292-4507.



Injured workers are also encouraged to visit the Division of Workers' Compensation website at www.fldfs.com/wc where you will find extensive information such as publications, a number of databases, rules, and forms that will give you a better understanding of workers' compensation.

A word from the Safety Officer

2015 Annual Employee Injury/Accident Report

The Safety Office has just completed the annual review of Employee Injury/Accident reports for calendar year 2015. We are pleased to announce that the **Injury Incidence Rate for BOCC employees of 6.28 is below the National average for Local Government employees of 7.1**

Two BOCC Departments deserve recognition for maintaining a safe work environment. **Monroe County Fire rescue** has achieved an Injury Incidence Rate far below the National average for the third straight year and **Monroe County Transportation (MCT) drivers went injury free this year!** Both Departments deserve **KUDOS**, as these professions have some of the highest injury rates across the Country.

