

# Parks and Rec Advisory Board Meeting Minutes

July 18, 2016 6:00 PM

Minutes recorded by Chris Rivera Monroe County Project Management

Meeting began at 6:00 PM

Board Members in attendance:

Steve Miller

Jim Bolini

Margie Smith

Board Members not present:

Bob Mock

Heather Smith

Media Present: NONE

Monroe County was represented by:

Chris Rivera Project Manager

There were about 4 members of the public in attendance

Previous meeting minutes were approved by Board members present.

Meeting Minutes:

Steve miller ask the members of the public that were present what they were there to either listen to or be a part of. After listening to their subjects Steve Miller asked to adjust the agenda to accommodate the public so they will be heard quicker. Chris Rivera of Project Management agreed.

Key West: Chris Rivera gave a break down on the TDC applications for the Higgs Beach area.

Applications that were not approved by the TDC were the New playground with water feature and the new Nature visitor center. We were approved for the below mean high water sand re-nourishment for \$1,363,156.00.

Had a discussion about Atlantic street relocation and how the drawings were at 60% and the City Of Key West was reviewing them also.

Wes Lopez president of YOGA of Key West gave a presentation (Attached) about Yoga and Wes asked the board to give a recommendation so that they can use the wooded platform at Higgs Beach next to the White street pier. Jim Bolini said they should move forward with the idea and Steve Miller mentioned that some things needed to be looked into. See if there is a limit on vendors allowed at Higgs Beach. Talk with the County's Risk management team to see if this is allowable. Chris Rivera said he would have to get back to board with those answers.

Big Pine: Chris Rivera discussed the TDC application- Big Pine Amphitheater. The Big Pine DAC did not have enough money to approve the application.

Big Pine Swimming hole was discussed. The county is moving forward with construction documents. It will be a year before they are complete and ready for build. Margie Smith asked if there was a way to be able to have swimming lanes installed that can be removed. Chris is going to look into it.

Brian Branagan asked if he could have time to discuss with the board members his proposal (attached) for rentals at the Big Pine Swimming Hole. Brian has a contract already with Florida Park Swimming Hole. Steve Miller asked if he was also going to have a motor boat there also. Brian said he would like to have a motor boat there as part of his boat tours. Chris Rivera informed him that there were no motorized boats allowed in there. Brian said he could have Kayak and Paddle boards also. Chris also informed Brian that there is a process to accepting proposals. When the county was ready to take proposals it will be put out in a solicitation so multiple responses will be seen.

Darlene Billman and Jamie Grider asked the board to speak about the Watson Field tennis courts. They have asked the board to recommend that those tennis courts do not get pickle ball lines painted on them. They showed the Board members a picture of the lines painted on courts from the Big Pine Park (similar pic attached). They asked the board to tell them which line is for which sport. Steve Miller agreed and said that there should be plenty of pickle ball spaces already.

Chris Rivera continued to discuss the parks. Most of which had no work in progress.

Chris Discussed Bernstein Park. The ground breaking was held on 5-18-2016. Informed the board members we had hired a contractor (Burk Construction) and that they will be starting on the construction as soon as all submittals are approved by the county.

Chris discussed Rowell's Waterfront Park. Rowell's was passively opened on to the public on Memorial Day weekend but was closed down shortly after due to a concerned citizen's phone call about extremely large fish in the deep basin of the swim area. On June 29 the sheriff's dive team went into the marina and searched to see if there were any dangerous or overly large fish in there. A few hours later they said there was no danger and declared it safe to swim.

Jim Bolini made a motion to adjourn. Margie Smith seconded.

Meeting adjourned at 8:00 PM

**Yoga Key West Inc.**

**Wes Lopez- President**

**[www.keywestyogatrain.com](http://www.keywestyogatrain.com)**

**[yogakeywest@yahoo.com](mailto:yogakeywest@yahoo.com)**

**305-393-3488**

**Yoga Fitness Industry**

Yoga Key West (YKW) provides yoga fitness for local and traveling yogis in Key West, Florida.

Our target audience is individuals who typically do not visit fitness centers or gyms and desire out door activities with more variety and convenience.

Yoga Key West will increase member participation with yoga fitness classes that appeal to active and non-active adults alike who are drawn to an alternative location outside the fitness center.

Yoga Key West caters to luxury resort beach properties and some of the benefits of using our yoga services include:

- Licensed Yoga Instructors
- Liability Insurance
- Professional Instruction
- Yoga Mats
- Straps & Bands
- Blocks
- Zen Music

Our latest offering through Healthways Silver Sneakers Fitness program is the FLEX fitness program for senior citizens. These innovative fitness classes engage members by leveraging new classes such as yoga, stretching, walking groups, Ageless Grace and more.

Potential venues include:

- Beaches
- Community centers
- Churches
- Parks
- Senior-living communities

Our approach will keep individuals engaged with classes held at convenient locations on the beach and in the community. YKW and Flex programs can

significantly improve the health of our members as people who are physically active tend to live longer and have lower risk for heart disease, stroke, type 2 diabetes, depression and some cancers.

### **General Booking Yoga Sessions**

Guest must book all sessions through the local concierge or at their hotel concierge desk. Class schedules and payments are handled by our associated concierge booths and or hotel resorts.

All payments are made directly to the concierge or hotel with the exception of Flex members who have Healthway member cards.

### **Flex Senior Booking Yoga Sessions**

Healthway Flex members are able to contact Healthways or YKW directly for class schedules and other scheduled community activities.

### **Fees**

60–75 Minute Yoga Fitness Sessions

- Group Session  
\$23pp (4 guest Minimum)
- Individual & Couple Sessions  
\$125

We discourage tipping instructors to avoid any miscommunication in regards to payments, hustling etc.

### **Schedule**

TBD July 18, 2016

### **Instructors**

Our teachers and trainers have completed hours of hands on education and are certified by the most widely recognized programs accredited by the National Commission for Certifying Agencies.

**Yoga Key West requires that every instructor must:**

- Be 18 years of age or older
- Maintain a current CPR certification. (On-line certifications **will not be accepted.**)
- A current nationally recognized fitness instructor/trainer certification
- Maintain a current registration with Yoga Alliance
- A two or four year degree in health, exercise science, recreation or physical activity related field. An approved degree includes required coursework in human anatomy, exercise physiology and kinesiology.

Approved certifications must include renewal processes to meet the following criteria:

1. Requires a formal re-certification process which includes a termed expiration
2. Requires continuing education courses as criteria for re-certification
3. Requires current CPR card in order to acquire and renew certification
4. Certification must be available to the general population

*Examples of approved certifications include: ACE, AFAA, ACSM, NASM NETA, Fit Tour and YMCA.*



motor • sail • sup • kayak | snorkel • fish • eco | tours • rentals • lessons *"Say Keys"*

## Keys Boat Tours Hopes To Be The Kayak Rental Concession At The US 1 Big Pine Park

What makes Keys Boat Tours especially suitable for Big Pine Key? The owner of Keys Boat Tours, Captain Brian Branigan, is a home owner and business owner on Big Pine Key. He not only has one business in the Lower Keys Chamber of Commerce, but two, Island Design .us.

What else? Keys Boat Tours has a very suitable name. They have equally handsome branding. Keys Boat Tours has 12 brand new kayaks. They have six new paddle boards. Keys Boat Tours is an established boat tour business on Big Pine Key, currently operating out of the Scout Key boat ramp at MM 33.5. Keys Boat Tours has an existing contract with Florida Parks Service. They are a Monroe County registered business, LLC, and fully insured - not with one policy, but three - marine, vehicles, and general liability. Keys Boat Tours also has a waiver that every customer signs. Keys Boat Tours has 58 five star TripAdvisor reviews in 2016 alone.

Captain Brian Branigan is a former Outward Bound instructor, SeaCamp captain, Florida Parks Service volunteer, and current USCG certified captain in good standing. Capt. Brian has over 35 years experience on the water.

Keys Boat Tours specializes in fair weather, near shore, and backcountry family fun - staying clear of choppy waters and in sight of land. They are professional, courteous, and manicured in everything they do. Keys Boat Tours represents the Keys, and wants every visitor, and local alike, to feel respected as such. Capt. Brian recently authored the book, *The Road To Key West*; a local go-to guide like no other. His book is carried at Pigeon Key Visitor Center, Bahia Honda, Big Pine Fishing Lodge, Boondocks, Little Palm Island, and Hyatt Key West to name a few. The book comes out every April with an updated edition. Capt. Brian is currently working on two other books, a safe boating book, and a sailing adventure book.

Keys Boat Tours does more than kayaks and paddle boards. Capt. Brian offers the only hands-on safe boating lesson in the Keys. He also offers a Fishing 101 lesson, and Sailing lessons along with his eco tour, motor / paddle board tour, and snorkeling tours. In addition to these great offerings, Keys Boat Tours stands apart because they are mobile. Their kayaks and paddle boards are stored in an enclosed trailer that can be whisked away in minutes in the event of a storm or hurricane. Keys Boat Tours also has a rolling retail shop that offers FL Keys gift shop items; T-shirts, postcards, fishing gear, jewelry and the like.

In short, Keys Boat Tours can turn the new Big Pine Key park US1 into an impressive boat rental concession operation and then some. They have all of the required; equipment, permits, and credentials. Perhaps most important, Keys Boat Tours is big on safety and courtesy. They always think of others first, both customers and neighbors. We are looking for a win / win opportunity. Keys Boat Tours would be proud to be considered as a County park kayak rental and boat tour concession. We will not disappoint. When thinking boat rental and tour concession, please "Say Keys".

Thank you very much for consideration.

