

ORGANIZATION INFORMATION

Organization Name: Samuel's House, Inc.

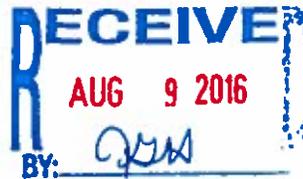
Contact Person/Title: Elmira Leto, CEO

Address: 1614 Truesdell Court

City, Zip Code: Key West, Florida 33040

Telephone Number: (305) 296-0240

E-mail Address: samuelshouse1@comcast.net



PROJECT INFORMATION

Project Title: Court Mandated Criminal / Substance Abuse Case Manager

Project Director: Elmira Leto

Primary Physical Location of Program: 1614 Truesdell Court, Key West, Florida 33040

Project Period: October 01, 2016 through September 30, 2017

PROJECT OVERVIEW

JAG Funds may be used for any one of the following purpose areas.

Choose ONE Federal Purpose Area

- Law Enforcement Programs
- Prosecution and Court Programs
- Prevention and Education Programs
- Corrections and Community Corrections Programs
- Drug Treatment and Enforcement Programs
- Planning, Evaluation, and Technology Improvement Programs

PROBLEM IDENTIFICATION

Provide a description of the problem addressed with the proposed project.

Be sure to address the following items:

1. Problem Description. What is the problem, define the problem?
2. Problem Significance. Why is the problem significant and who is affected by the problem? Why do we need your project to address this problem now?
3. Needs Assessment. Identify the current scope of the problem and support your statements with factual information. Use measurable and descriptive data.

Insert your response here. Add additional pages as needed.

The Monroe County Homeless Services Continuum of Care conducted the Point-in-Time census to document the number of sheltered and unsheltered homeless people in the county on January 27, 2016. According to the MCCoC, there were 575 homeless persons counted in Monroe County. Of the 575 counted, 305 were sheltered and 207 were unsheltered. The 2015 PIT Supplemental Data portion provides that of the 122 inmates reported, 31 had been booked into the MCDC 10 or more times over the past 10 years with 5 of those, 25 times or more. The highest number of bookings for 2 of these homeless offenders was 78 times. These 31 individuals have spent a combined 36,643 days at the MCDC at a cost to the taxpayer of \$2,946,097. Further, 91 have been booked into the MCDC 2 or more times over the past 10 years costing the taxpayers of Monroe County a staggering \$5,409,488.22 not including medical costs. With the assistance of BYRNE/JAG funding, Samuel's House is working to relieve some of this taxpayer burden.

The National Institute of Justice reports "Substance use and abuse have been consistently reported as major contributing factors in the increasing population of women offenders. A majority of women offenders have a history of drug use and drug related offenses (www.nij.gov/topics/drugs/markets/adam/staton-paper.pdf). The results from the 2012 SAMHSA "National Survey on Drug Use and Health: Summary of National Findings" reports that a new national study shows that the rate of substance dependence or abuse for females was 35.7% out of 67,500 people studied in 2012 (www.samhsa.gov/data/nsduh/2012summnatfinddetables/nationalfindings/nsduhresults2012.htm#ch7.1.3).

Up to 63% of women entering The Mary Spottswood Women's Center Emergency Shelter, a division of Samuel's House, Inc., have reported that using drugs continues to be a major problem to them. Many of these women have committed crimes and had at least one period of incarceration. Drug use among women has become an epidemic, leaving them far more vulnerable to potentially engage in criminal

behaviors and/or becoming victims of crime themselves. These women are committing harm to themselves, their families and the community through their addictive and criminal behaviors. Just as with the national statistics above, Samuel's House sees a consistent increase in drug abuse as it relates to criminal behaviors, decreased life skills, loss of educational opportunities, inability to maintain employment, housing and maintaining or seeking out unhealthy relationships.

Samuel's House has long been committed to reducing and eliminating drug usage in the Monroe County Florida community, starting within its own campus. A strong program of prevention and education has been established and is strictly enforced for the BYRNE funded clients throughout its residential facilities. The Court Mandated Criminal / Substance Abuse Case Manager will assist women with the psychological and physical issues related to their substance abuse and involvement in the judicial system. Samuel's House utilizes programs such as 90-in-90 and AA/NA meetings are required as well as random drug testing of clients. New clients are required to sign a statement confirming their understanding of the rules and the consequences involved if they test positive for the use of illegal drugs while in our programs. The agency has proved that the use of random testing is effective in prevention.

There is a confirmed prevalence of, and increase in, substance abuse among Samuel's House clients. Agency statistics in 2015 indicated that the majority of the general population of women residing at Samuel's House is dealing with a substance abuse. Additionally, the vast majority of the 33 BYRNE/JAG court mandated women assisted by Samuel's House programs in 2015/16 reported drug and alcohol addictions.

Women in crisis, many accompanied by their children from birth to eighteen years of age arrive at the Mary Spottswood Women's Center Emergency Shelter daily seeking a place of safety, shelter and services. The majority of clients are drug addicted or alcohol addicted and/or has co-occurring disorders. In 2015, Samuel's House served 161 individuals seeking emergency shelter and other services. Of these 161 individuals, 100 were women and 61 were their children. During the year, 33 women came to Samuel's House directly from incarceration and/or were court ordered in lieu of serving time in jail. Many other women are referred to Samuel's House from family members, drug courts, probation officers or the Department of Children and Families so that reunification with their children can be accomplished under supervision.

Samuel's House is recognized for its vast experience in serving women with substance abuse issues and criminal backgrounds. In addition, Samuel's House is licensed for intervention programs under Chapter 397 of the Florida Statutes to provide substance abuse services, case management and general intervention for adults.

For the clients who are negatively affected by the above described issues, Samuel's House staff has seen a significant increase in the number of referrals by probation officers, correction officers, court mandated programs and the judicial system in general.

Samuel's House, with 2017 BYRNE funding, will employ a FDLE certified Probation Officer specifically for the BYRNE funded clients. As well as being a FDLE certified Probation Officer, she has a wide variety of certifications/degrees that include but are not limited to the following: a Bachelor of Science in Criminal Justice, training in Emergency Management, Crisis Management and Behavior Recognition Training. The BYRNE/JAG funded Court Mandated Criminal / Substance Abuse Case Manager is exceptionally qualified to assist the BYRNE clients in reaching a successful outcome while remaining compliant with their court mandated programs.

PROJECT SUMMARY (SCOPE OF WORK)

Describe how your proposed project will focus on the problem.

Be sure to address any of the following items that are relevant to your project:

1. What will your project accomplish?
2. Who will receive services? **Participants must be involved with the criminal justice system.**
3. Who will provide services?
4. **State what documentation will be provided to document deliverables.**
5. Give a general description of cost covered by grant funds.

Please note, there will be a focus on validating delivery of services and ensuring deliverables were met. Supporting documentation will be required and reviewed throughout the project and will be provided to FDLE.

Insert your response here. Add additional pages as needed.

With BYRNE funding, Samuel's House, Inc. will continue to provide a full-time position of a Court Mandated Criminal / Substance Abuse Case Manager, FDLE certified Probation Officer, designated to work solely and exclusively with BYRNE clients. BYRNE clients include clients that are referred from the judicial system, recently released from jail or prison and/or referred from the Key West Police Department, Monroe County Sheriff's Office and probation officers as a condition of their client's release.

The Mary Spottswood Women's Center, a division of Samuel's House, Inc. is our 90-day emergency shelter program. Kathy's Hope, a 16 efficiency permanent supportive housing program is designed for clients that have successfully completed their 90-day program at the Mary Spottswood Women's Center and still need structure and Case Management services. Casa de Meredith, which has 2 efficiency apartments and 7 two bedroom apartments is another division of Samuel's House and provides permanent supportive housing to clients that have children and intact families. All BYRNE funded clients of Samuel's House, Inc. will be drug tested upon intake, within every 72 hours and randomly thereafter and receive intensive case management services throughout their stay in our programs.

Case Management: The Court Mandated Criminal / Substance Abuse Case Manager will be on site to provide services including but not limited to: design and implement all activities/programming, perform client intake and assessment, administer drug/alcohol tests, refer clients to services, monitor client progress, resolve conflict, assist clients with development of individualized Plan of Action and maintain contact with judicial offices, Monroe

County Sheriff's Office, Key West Police Department and probation officers on behalf of the client. / The Court Mandated Criminal Substance Abuse Case Manager will assist in preparation of resume, job search and interview skills, permanent housing search, acquiring documentation, locating childcare and mental as well as physical health care. BYRNE funding will continue to provide a Court Mandated Criminal / Substance Abuse Case Manager to provide case management to at least 20 women who are referred from the court system, recently released from jail or prison and/or referred from probation officers.

Court ordered clients with chronic addictions are staying sober for three reasons: their sobriety, their ability to remain in a safe housing facility and most importantly, not to return to jail and/or prison. Those that are court ordered will be violated and they risk being returned to jail or prison. The women who are released from jail find safety and support for transitioning back into society. The self-esteem and empowerment BYRNE clients receive, in addition to intensive case management, provides the tools to make good choices and participate in life as productive citizens with legitimate forms of livelihood.

Samuel's House utilizes the "crimesolutions.gov" website to accomplish the objectives of this prevention program in addition to providing the deliverable reports as required.

Provision of Services: Services will be provided by the Court Mandated Criminal / Substance Abuse Case Manager of Samuel's House. Because of its intervention license, clients will not only benefit from drug prevention services but also Case Management and general intervention and educational services as well.

Other Participating Agencies: Samuel's House partners with and has clients referred from the Monroe County Sheriff's Office, Key West Police Department, probation officers, judicial system, and behavioral health and other organizations throughout Monroe County. Samuel's House, Inc. is part of a 40-agency continuum of care for service referrals in Monroe County.

PROJECT ACCOMPLISHMENTS – Objectives and Measures

Describe the accomplishments or benefits of the project. The description should link back to the project Summary (Scope of Work). Explain how the accomplishments will be measured and documented.

Also, select **ONE** of the Federal Purpose Areas below, which should correspond to your selection from page one, and answer all of the questions for that item.

1. Will your project be implementing a **Law Enforcement Program**? (*Law enforcement organizations only*)
 - a. Describe the law enforcement program you will be implementing, expanding, and sustaining?
 - b. How many programs will be new and what type of program will they be?
 - c. What is the target population and what type of events will be held?
2. Will your project be a **Prosecution and Court Program** (activities conducted in courts)?
 - a. What types of court programs will you have?
 - b. How many new cases will be prepared, how many will be drug related?
3. Will your project be a **Prevention and Education Program**?
 - a. How many prevention and education programs will you implement?
 - b. How many will be substance abuse prevention or education programs?
 - c. What types of prevention and education programs will be provided?
 - d. How many participants will the program serve?
 - e. Will you be developing program materials? If yes, what types of materials will be developed and how many?
 - f. How many educational activities and materials will be disseminated and where will they be disseminated?
4. Will your project be a **Corrections and Community Corrections Program**? (*Activities conducted by corrections agencies in correctional facilities or in the community*).
 - a. Will you provide cognitive based corrections and community corrections (CCC) services?
 - b. Will you provide education, employment, Health Care/Medicaid Eligibility, Housing, pro-social, or substance abuse CCC services?
 - c. How many participants will you serve?
 - d. How many participants will be new and how many will complete the program?
 - e. Will your CCC program provide evidence-based services?
 - f. If yes, how many evidence-based services will be provided?

PROJECT ACCOMPLISHMENTS (Continued)

Insert your response here. Add additional pages as needed.

3. Will your project be a Prevention and Education Program?

a. How many prevention and education programs will you implement?

One

b. How many will be substance abuse prevention or education programs?

One

c. What types of prevention and education programs will be provided?

Personnel to provide: Anti-drug, Crime Prevention, Drug Prevention, Educational, Employment, Housing, Job Skills, Mental Health, Mentoring, Pro-Social, Substance Abuse

d. How many participants will the program serve?

At least 20 clients served.

e. Will you be developing program materials? If yes, what types of materials will be developed and how many?

N/A

f. How many educational activities and materials will be disseminated and where will they be disseminated?

N/A

BUDGET NARRATIVE

Provide a detailed Budget Narrative for the purposed project.

Be sure to include the following in your Budget:

1. Identify the type of Budget, either Unit Costs or Unit Rates, for each service provided.
2. Provide a definition and cost for each service.
3. Describe the basis for the Unit Costs/Unit Rates and state when the basis was established or updated.
4. Will your project be funded by any other source(s) and if so, state the other source(s)?

Please note, Federal funds may not supplant state or local funds. Monroe County will be the subrecipient of Federal FDLE funds. Monroe County will enter into a contract with the organization should this Project Proposal be selected for funding. All applicable Federal requirements of the granting agency will also be the responsibility of the proposal organization and will be included in the contract.

Insert your response here.

Budget Category: Contractual Services

Budget Narrative:

The Court Mandated Criminal / Substance Abuse Case Manager will provide approximately 2,080 hours of intensive case management services including but not limited to: shelter, employment assistance, permanent housing search assistance, government identification assistance, food, clothing, substance abuse counseling, drug recovery support services to at least 20 clients that are referred from the judicial system, Key West Police Department, Monroe County Sheriff's Office, recently released from jail or prison and/or referred from probation officers as a condition of their client's release.

Unit: Service Hour

Unit Cost: \$17.83

Unit Cost Budget: 2,080 units of Court Mandated Criminal / Substance Abuse Case Management at \$17.83 per unit

Unit Cost Calculation: $\$17.83 \times 2,080 = \$37,086.40$

Total Project Budget: \$37,086.40

This budget is from October 1, 2016 through September 30, 2017

The basis for the unit cost is the salary for the Court Mandated Criminal / Substance Abuse Case Manager. The Case Manager will perform intensive case management services including substance abuse counseling, education, recovery support services and drug testing services.

The Court Mandated Criminal / Substance Abuse Case Manager will spend 100% of her time with clients that are referred from the judicial system, Key West Police Department, Monroe County Sheriff's Office, recently released from jail or prison and/or referred from probation officers as a condition of their client's release.

Salary	\$37,760.00
FICA	\$ 2,506.08
FUTA	\$ 181.44
Worker's Comp	\$ 714.24
Payroll Fee	\$ 920.64
Travel	\$0
Equipment	\$0
Supplies	\$0
Total Budget	\$37,086.40
Total Units	2,080

Unit cost established October 1, 2016

This budget is from October 1, 2016 to September 30, 2017

This project will not be funded by any other source.

ORGANIZATION INFORMATION

Organization Name: **Keys to Be the Change, Inc.**

Contact Person/Title: **Heidi Golightly**

Address: **1208 Watson Street**

City, Zip Code: **Key West. 33040**

Telephone Number: **541-974-4398**

E-mail Address: **heidirgolightly@gmail.com**

PROJECT INFORMATION

Project Title: **Kids Win: Pathways to Success (KW: PTS)**

Project Director: **Heidi Golightly**

Primary Physical Location of Program: **Key West High School/Horace O'Bryant School**

Project Period: **October 01, 2016 through September 30, 2017**

PROJECT OVERVIEW

JAG Funds may be used for any one of the following purpose areas.

Choose ONE Federal Purpose Area

- Law Enforcement Programs
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2. Project Overview

Monroe County, especially Key West, is a tourist community. Despite our best efforts as community members and parents to keep our kids safe, our youth are at a higher risk of substance abuse and substance related high risk behaviors than many counties in Florida. Alcohol is the most commonly used substance among our students ages 10 through 17 followed by marijuana use and/or hashish use.

Data from the 2014 (Florida Youth Substance Abuse Survey (FYSAS) states:

- 23.6% of our high school students reported using alcohol before the age of 13.
- For marijuana or hashish use, 10.4% of high school students reported smoking this illegal drug prior to the age of 13.
- By the time our Monroe County students reach high school, 59.7% have used alcohol.
- Past 30-day alcohol use stands at 36.8%, higher than the statewide average of 28.4%.
- The percentage of Monroe County high school students who drank until they blacked out (26.3%) is also far higher than the statewide average (18.9%).
- Past 30-day marijuana or hashish use includes 39.7% of Monroe County high school students and 10% of our middle school students.
- In addition, 16.6% of high school students and 3.9% of middle school students reported smoking marijuana or hashish before or during school.
- Nearly five percent (4.6) of high school students and three percent (2.9) of middle school students drank alcohol before or during school
- Eight percent (8.4) of high school youth used “another drug” to get high before school.
- Delinquent behaviors include five percent (5.0) of middle school and six percent (6.5) of high school students in Monroe County who reported “carrying a handgun”. This gun-carrying percentage doubled for high school students from the 3.2% reporting in 2012.
- Ten percent (10) of high school students reported “selling drugs” during the past year.
- Four percent (4.0) and almost three percent (2.6) of middle school youth reported “gang” membership.
- Of these child gang members, the most common reasons they were involved with a gang was “Fun and Excitement (8%), Protection (7.6%), to get respect (6.9%) and other reasons not identified (10.3%).
- Nearly twenty-two percent (21.6%) of high school students who reported they rode in a car during the past 30 days driven by someone who had been drinking alcohol.
- Close to thirty percent (29) of high school students reported they rode in a car during the past 30 days driven by someone who had been smoking marijuana.
- Almost nine percent (8.9) of our high school students drove a vehicle after drinking.
- Eleven percent (11.0) drove a vehicle after smoking marijuana or hashish.¹

¹ Florida Youth Substance Abuse Survey Monroe County report 2014 <http://myflfamilies.com/service-programs/substance-abuse/fysas/2014-county-tables%>

Keys to Be the Change's Kids Win: Pathways to Success Program is a youth mentoring program that pairs at-risk youth with community leaders such as Key West police officers and personnel, the Office of the State Attorney and the United States Coast Guard to reduce substance use and abuse and high risk behaviors that are associated with alcohol and other drug use. Youth are identified by school administrators such as principals, assistant principals, counselors and teachers and linked to the Kids Win: Pathways to Success program through an internal referral process.

The Kids Win: Pathways to Success Mentoring Program has been serving at-risk youth at Key West High School since 2014. The program will be expanding to Horace O'Bryant Middle School this year. The sixty-six percent (66%) success rate proves that mentoring helps our youth succeed. Many studies have been done to support mentoring as a great tool for preventing truancy, juvenile delinquency, as well as substance use and abuse among our youth. It helps build self-esteem, self-confidence and provides them with accountability and stability in their lives. Most at-risk youth in our community truly want someone in their lives to help chart the course and the Kids Win: Pathways to Success Mentoring Program gives it to them.

"Several leading academic scholars have examined the effectiveness of student youth mentoring programs, and their findings have revealed that students who had some type of preexisting condition, such as being predisposed to acts of delinquency, exposure to communities with high levels of crime, low job opportunities, high rates of drug and alcohol use, or suffering from unresolved psychological triggers and social pressures, were the ones most likely to benefit from such a program because it helped to fill a void in their lives (DuBois & Karcher, 2005; Hansen, 2007; Rhodes & DuBois, 2006). Therefore, when it comes to dealing with absenteeism and truancy issues, student youth mentoring programs could be the answer that school districts and local juvenile court officials need to bring about meaningful change with chronically truant students, who often turn to delinquency and criminal acts to address their preexisting issues rather than working on them in a healthy, nurturing, and supportive environment."²

According to the Office of Juvenile Justice Delinquency Prevention (2010), mentoring helps prevent at-risk students from becoming involved in delinquency activities and also helps those who are already delinquent to change their lives for the better. Mentoring relationships have been shown to improve students' self-esteem, behavior, and academic performance (OJJDP, 2010)

These programs can help increase daily school attendance, reduce dropout rates, prevent acts of violence, build students' self-esteem, foster better student academic performance, promote

² Children & Schools is the property of Oxford University Copyright of Press

accountability, reduce criminal delinquent acts within the community, and keep students engaged in their local schools.

On any given day in the United States, approximately 60,000 young people are incarcerated, costing taxpayers about \$5 billion each year.

A major study by the non-partisan Washington State Institute for Public Policy found that for every dollar spent on county juvenile detention systems, \$1.98 of “benefits” was achieved in terms of reduced crime and costs of crime to taxpayers. By contrast, diversion and mentoring programs produced \$3.36 of benefits for every dollar spent...”³

According to the website, www.crimesolutions.gov the evidence ratings for mentoring outcomes state that mentoring is a successful tool for:

- Crime & Delinquency
- Drugs & Substance Abuse
- Education
- Mental Health & Behavioral Health

Keys to Be the Change hopes to reverse the negative behaviors found among our youth that ultimately harm our community. The Kids Win: Pathways to Success Mentoring Program believes that “It is easier to build strong children than to repair broken men.”⁴

³ The Juvenile Justice System in *Washington State: Recommendations to Improve Cost Effectiveness 2002

⁴ Frederic Douglass

PROJECT SUMMARY (SCOPE OF WORK)

Describe how your proposed project will focus on the problem.

1. What will your project accomplish?

Keys to Be the Change is a nonprofit youth serving organization established with financial support from the Substance Abuse Trust Fund in 2014. Our main goal is to prevent drug and alcohol use and abuse among youth in Monroe County. Keys to Be the Change (KTBTC) provides programs, education, awareness and opportunities that empower children, youth and adults to improve health, wellness and skills for success in school and in life.

Today, youth are much more engaged in their surroundings due to the cyber world. This can have both positive and negative effects. Many youths are left home alone, especially in Monroe County, due to the necessity of many parents needing to work more than one job in order to afford basic needs. Students of all ages are left on their own to awaken each morning and report to school. Every school offers breakfast and lunch to accommodate the busy lives that these youths endure. Parents do not have the time to be parents anymore. The community feels the negative impact of this behavior. Children stay home unattended, roam the streets looking for excitement, meet strangers who introduce them to a world of drugs and/or alcohol, get their friends to stay home too, steal from their neighbors, or simply play video games all day. Truancy is a known factor in increased dropout rates as well as overall Juvenile Delinquency. KTBTC strives to reduce truancy, increase academic performance and promote socially accepted behavior among at-risk youth in the Monroe County School District.

2. Who will receive services?

We have introduced the Kids Win: Pathways to Success Mentoring Program (KW: PTS) which targets at-risk students in both middle and high school who have been identified by administrators, teachers, guidance counselors, parents, friends or other youth serving organizations in Monroe County. Keys to Be the Change collaborates with the Guidance Care Center, the Department of Juvenile Justice, the Department of Children's and Families, and Wesley House and accepts referrals in order to provide mentors for at-risk youth in middle and high school.

3. Who will provide services?

The Kids Win: Pathways to Success Program is modeled after the highly successful Take Stock in Children Program. The mentor pool is derived from the Key West Police Department, the United States Coast Guard and the Office of the State Attorney. All mentors receive training and

all sessions take place on school property. Mentors are matched up with their mentees by answering a “Hobby Questionnaire.” Both mentor and mentee answer the same questions which refer to their interests outside of school or their professional life. Once this sheet is completed by both mentor and mentee, the Program Director makes the partnership based on common hobbies. Mentees receive an application to join the program which must be signed by the parent or guardian and agreed to by the mentee before any mentoring takes place. Releases of liability are included in this paperwork as well as permission to monitor the youth in regards to grades and achievement.

Mentors meet once a week for approximately thirty (30) to fifty-five (55) minutes and provide assistance with academics, life skill strategies, career plans, problem solving strategies, and/or coping with peer pressure. For some of the mentees, their mentor is the only adult they look up to in their lives. The mentor shows up for meetings on time, helps the mentee with school, provides support for the mentee, and becomes an overall positive role model in their mentees life. The goal is to have the mentor remain in the mentees life until he/she graduates from high school.

Thirty-five (35) at-risk youth will participate in the Kids Win: Pathways to Success Program during the 2016/17 school year. Both Horace O’Bryant Middle School and Key West High School at-risk youth will receive the benefits of this program. Currently there are twenty-eight (28) at-risk youth at Key West High School who are enrolled in the program. Sixty-six percent (66%) of those in the program have decreased their truancy and/or increased their grades within one year. The Program Director works closely with both mentor and mentee to ensure the program administers the ongoing daily support needed to help at-risk youth succeed. The Director maintains an office on campus and meets every mentor upon arrival with weekly grade and attendance reports. The Director and mentor discuss issues and if the need arises, meet with administrators or teachers to discuss a positive strategy for success. The mentor takes the role of the student advocate much like those students who have engaged parents do with parent/teacher conferences. Most of the at-risk youth involved in the program do not have a parent that will take the time or have the time to support their child when they are struggling with school. Again, this behavior leads to negative results. The youth feel that they cannot do it alone and that nobody really cares about them. Kids Win: Pathways to Success mentors care!

4. State what documentation will be provided to document deliverables.

The measurable goals of the Kids Win: Pathways to Success Mentoring Program include reducing truancy and increasing school bonding, reducing poor or failing grades, reducing high risk behaviors and/or substance abuse that lead to delinquency by changing youths’ behaviors, and instilling attitudes and beliefs that they can be successful. These goals are measured with

grade reports, truancy reports and disciplinary referral reports obtained from the students' records.

5. Give a general description of the costs covered by the grant.

The Kids Win: Pathways to Success Program will utilize funding for a Program Director who will work daily with mentees and mentors. The Program Director will serve as a liaison during the school year for the students, teachers, administrators and mentors. All recruiting, interviewing, training, partnering, monitoring, record keeping, peer to peer tutor coordinating, and all support services will be handled by the Program Director. It is presumed that there will be two (2) Program Directors, one for Key West High School and one for Horace O'Bryant Middle School for a total of \$18,000.00 per year. The Program Director will be a contractual employee without benefits.

PROJECT ACCOMPLISHMENTS – Objectives and Measures

Describe the accomplishments or benefits of the project. The description should link back to the project Summary (Scope of Work). Explain how the accomplishments will be measured and documented.

The Kids Win: Pathways to Success Program will provide unduplicated services to at-risk youth at both Horace O’Bryant Middle School and Key West High School which happen to be the two largest schools in the Monroe County School District. The youth selected for this program are in need of a positive role model in their lives in order to build their self-esteem, self-confidence and their overall well-being as successful citizens of our community.

Our goal is to reduce drug and alcohol use and abuse through reducing truancy and improving academic performance. At-risk youth will gain a sense of self-worth through working with a mentor that will provide them with the support they need both socially and academically. It has been proven that students who partake in truant behaviors have a much higher rate of dropping out of school and engaging in delinquent behaviors. Mentoring is an effective tool to combat all of these issues.

As shown in the pictures below, the at-risk youth in the current Kids Win: Pathways to Success Mentoring Program enjoy meeting their mentors on a weekly basis. They appreciate the time and energy and the positive feedback that they receive from their meeting.



MONROE COUNTY, FL – PROJECT PROPOSAL FOR
FLORIDA DEPARTMENT OF LAW ENFORCEMENT
EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM



PROJECT ACCOMPLISHMENTS (Continued)

1. Will your project be a Prevention and Education Program?

Yes

a. How many prevention and education programs will you implement?

Mentors will meet once per week for an average of fifty (50) minutes per session for a total of 24 meetings per year. Total mentoring time will be approximately 1200 hours per year.

b. How many will be substance abuse prevention or education programs?

Every meeting – 35 per week.

c. What types of prevention and education programs will be provided?

Drug and Alcohol Prevention, Educational, Mentoring, Pro-Social and Substance Abuse

d. How many participants will the program serve?

35

e. Will you be developing program materials? If yes, what type and how many?

Monthly peer to peer anti-drug/alcohol messaging will be presented school wide by Keys to Be the Change Youth Leaders. Social media will be utilized weekly while newsletters will be delivered monthly.

f. How many educational activities and materials will be disseminated and where will they be disseminated?

Weekly during mentor sessions. Directly with mentee.

BUDGET NARRATIVE

Total budget: \$18,000.00

Salaries and Benefits: Program Directors - \$18,000.00

Total Program Budget: \$18,000.00

Budget Narrative:

A. Program Positions:

- Program Directors (50%) \$18,000

B. Benefits/Operational Expenses:

- None

C. Budget category

- Program staff only.

D. Salaries and benefits:

- Program Directors (.50) will implement program in schools.

Kids Win: Pathways to Success Mentoring Program Directors will be funded with this grant.

MONROE COUNTY, FL – PROJECT PROPOSAL FOR
FLORIDA DEPARTMENT OF LAW ENFORCEMENT
EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM

ORGANIZATION INFORMATION

Organization Name: Guidance Care Center / The Heron

Contact Person/Title: Lisa Marciniak / Director

Address: 3000 41st Street Ocean

City, Zip Code: Marathon, FL 33050

Telephone Number: 305-434-7660

E-mail Address: lisa.marciniak@westcare.com



PROJECT INFORMATION

Project Title: Assisted Living Prevents Recidivism

Project Director: Clare Condra

Primary Physical Location of Program: 67 Coco Plum Drive, Marathon, FL 33050

Project Period: **October 01, 2016 through September 30, 2017**

PROJECT OVERVIEW

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Choose ONE Federal Purpose Area

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2. **Problem Significance.** Why is the problem significant and who is affected by the problem? Why do we need your project to address this problem now?
3. **Needs Assessment.** Identify the current scope of the problem and support your statements with factual information. Use measurable and descriptive data.

Insert your response here. Add additional pages as needed.

Both locally and nationally, jails/prisons contain a significant number of non-violent mentally ill men and women. Monroe County Corrections continues to report that about 20% those in the Monroe County Detention Center have some type of mental illness, 80+% of those have substance abuse problems. These numbers vary greatly with the most recent (2006) Bureau of Justice Statistics report, which estimate that 1.26 million prisoners are mentally ill, representing 45% of federal offenders, 56% of state offenders and 64% of jail inmates. In this study a mental health problem was defined as receiving a clinical diagnosis or treatment by a mental health professional in the past one year.

To compound this, the 2010 National Survey on Drug Use and Health, Mental Health Findings, reported that the use of illicit drugs in the past year was more likely among adults aged 18 or older with past year mental illness (25.8 percent) than it was among adults who did not have mental illness in the past year (12.1 percent) This pattern was similar for most specific types of illicit drug use, including the use of marijuana, cocaine, hallucinogens, inhalants, or heroin and the nonmedical use of prescription-type psychotherapeutics. This makes it more likely that those with mental illness will often come in contact with the criminal justice system

The Heron Assisted Living Facility provides stable, affordable, supportive housing to adults with mental illness and who are dually diagnosed (with mental illness and a history of substance abuse). In the "Housing First" model, whereby housing is the critically required component in order to make recovery successful, It has been shown that once people have housing they are more receptive to participating in other programs to deal with mental health and substance abuse issues. The supportive services we provide improve the resident's ability to manage his/her mental illness and maintain sobriety- therefore greatly reducing the risk of incarceration and improving the quality of life of this very vulnerable population. Information provided by the Monroe County Sheriff's Office indicates that it currently (January 2015) costs \$80.40/day to maintain a prisoner in the County Jail. The daily cost of a stay at North Florida Evaluation and Treatment Center (State Funded Forensic Mental Health Facility) is in excess of \$233.00. The cost for a bed day at The Heron is \$78.84 and provides a therapeutic environment with access to an array of psychosocial rehabilitation activities.

The problem of incarceration of adults with mental illness and substance abuse, especially those who are not major offenders, remains a significant concern. Almost all jail inmates with

co-occurring mental illness and substance use disorders will leave correctional settings and return to the community. Monroe County has only one Assisted Living Facility with a Mental Health License serving a total of 16 low-income residents (The Heron). The Monroe County Homeless Services Coalition from the 2015 Point-in-Time study performed indicated that there were 575 homeless people in Monroe County at that time. 41% indicated they had a disabling mental health condition. 32% identified substance abuse conditions. These are the very populations that our proposed project will serve. The survey indicates that of the subpopulations of the homeless, one of those with the greatest need and the least resources to serve were the mentally ill. Homeless people with mental illness have been identified as a priority area of need. Outreach, intake, and assessment are core elements of our supported services. In fact, the problems of inappropriate incarceration and its link to homelessness have become so epidemic that the federal Substance Abuse and Mental Health Services Administration (SAMHSA) has identified major initiatives “to divert individuals with mental illness from the criminal justice system to mental health treatment and appropriate supported services”. The Heron is the only Assisted Living Facility of its kind in Monroe County serving this population: providing housing with support services to adults who are persistently and chronically mentally ill. By directing these type clients to The Heron and similar programs, whether through diversion upon entry to the criminal justice system or at reentry, we can provide a cost effective, stable housing and the supportive services necessary for successful community integration, and therefore decreasing the likelihood of recidivism. The Heron offers a more effective recovery environment than alternatives such as homelessness, correctional institutions, and state psychiatric hospitals.

PROJECT SUMMARY (SCOPE OF WORK)

Describe how your proposed project will focus on the problem.

Be sure to address any of the following items that are relevant to your project:

1. What will your project accomplish?
2. Who will receive services? **Participants must be involved with the criminal justice system.**
3. Who will provide services?
4. **State what documentation will be provided to document deliverables.**
5. Give a general description of cost covered by grant funds.

Please note, there will be a focus on validating delivery of services and ensuring deliverables were met. Supporting documentation will be required and reviewed throughout the project and will be provided to FDLE.

Insert your response here. Add additional pages as needed.

The Heron will provide housing and supportive services to men and women who are mentally ill and have a history of both incarceration and substance abuse. Residents will not be re-incarcerated or re-institutionalized for the entirety of their residency at The Heron. This will be accomplished through community integration and on-site support activities. Projected outcomes are:

- *90% of the participants will not be re-arrested or re-incarcerated*
- *90% of the participants will not be re-institutionalized*
- *90% of participants will not use substances*

Services will be provided to men and women who are mentally ill, with a history of both incarceration and substance abuse. The Heron program staff will provide the services. Guidance / Care Center will provide any ancillary services that may be outside the scope of training and expertise of The Heron staff. However, no other GCC programs will receive any project funds for services provided to The Heron residents. Direct supportive services provided to each individual will be documented in the form of a daily summary note and filed in the client record. Components of this documentation will include:

- *specific interventions provided by staff to support each participant*
- *activities that the resident participated in that support the program goals*
- *identification of risk factors that may inhibit success in obtaining the goals*
- *intensified efforts to address relapse, criminal activity, and psychiatric decompensation.*

The grant funds will cover personnel costs to provide direct supportive services through a bundled daily rate.

PROJECT ACCOMPLISHMENTS – Objectives and Measures

Describe the accomplishments or benefits of the project. The description should link back to the project Summary (Scope of Work). Explain how the accomplishments will be measured and documented.

Also, select **ONE** of the Federal Purpose Areas below, which should correspond to your selection from page one, and answer all of the questions for that item.

1. Will your project be implementing a **Law Enforcement Program**? (*Law enforcement organizations only*)
 - a. Describe the law enforcement program you will be implementing, expanding, and sustaining?
 - b. How many programs will be new and what type of program will they be?
 - c. What is the target population and what type of events will be held?
2. Will your project be a **Prosecution and Court Program** (activities conducted in courts)?
 - a. What types of court programs will you have?
 - b. How many new cases will be prepared, how many will be drug related?
3. Will your project be a **Prevention and Education Program**?
 - a. How many prevention and education programs will you implement?
 - b. How many will be substance abuse prevention or education programs?
 - c. What types of prevention and education programs will be provided?
 - d. How many participants will the program serve?
 - e. Will you be developing program materials? If yes, what types of materials will be developed and how many?
 - f. How many educational activities and materials will be disseminated and where will they be disseminated?
4. Will your project be a **Corrections and Community Corrections Program**? (*Activities conducted by corrections agencies in correctional facilities or in the community*).
 - a. Will you provide cognitive based corrections and community corrections (CCC) services? *No*
 - b. Will you provide education, employment, Health Care/Medicaid Eligibility, Housing, pro-social, or substance abuse CCC services? *YES*
 - c. How many participants will you serve? *10*
 - d. How many participants will be new and how many will complete the program? *2 will be new. 2 will complete the program*
 - e. Will your CCC program provide evidence-based services? *no*
 - f. If yes, how many evidence-based services will be provided?

- g. If yes, what type of evidence-based services will be provided?
- 5. Will your project be a **Drug Treatment and Enforcement Program**?
 - a. Will your program admit participants to drug treatment programs? If so, how many participants will be enrolled programs?
 - b. Will your drug treatment program provide evidence-based treatment services?
 - c. How many evidence-based services will be provided?
 - d. What type of evidence-based services will be provided?
 - e. Will the program provide inpatient services? If yes, how many days of inpatient services will participants receive?
 - f. Will the program provide outpatient services? If yes, how many sessions of outpatient services will participants receive?
 - g. Will participants be tested for the presence of alcohol or illegal substances? If so, how many will be tested and how many will test positive?
 - h. How many participants will successfully complete all program requirements?
 - i. Will this program expand existing services? If yes, identify the services which are being added.
- 6. Will your project be a **Planning, Evaluation, and Technology Improvement Program**?
 - a. How many programs will be evaluated?
 - b. What kind of new programs will be evaluated and evaluated?
 - c. How many evidence-based programs/practices will you implement?
 - d. What type of evidence-based programs/practices will be implement?
 - e. How many evidence-based program/practices will be evaluated?
- 7. Will your project be a **Crime Victim and Witness Program**?
 - a. How many crime victims and/or witnesses will be served?
 - b. What types of services will be provided?
 - c. How many will receive referrals for additional services?

Please note, these questions are to provide us with specific details regarding the nature of the purposed project. Should your project be selected for funding, additional Objectives and Measures will be necessary to meet Federal and State requirements. Quarterly performance reporting on the Objectives and Measures of the project will also be required.

PROJECT ACCOMPLISHMENTS (Continued)

Insert your response here. Add additional pages as needed.

The supportive and assistive services that the Heron provides will assure that 90% of the individuals who participate in the program will maintain sobriety, and will not be re-incarcerated or re-institutionalized. The services will be documented on a daily service log and maintained in the resident's file. These services specifically include: supervision of medication, assistance with meal preparation, assistance with phone call (to coordinate medical, behavioral health, education, and legal services), provision of and arrangement of transportation (for medical, behavioral health, education, legal services, shopping, or other supportive community activities), assistance with money management, access to social and leisure activities and assisting with access to entitlements.

BUDGET NARRATIVE

Provide a detailed Budget Narrative for the purposed project.

Be sure to include the following in your Budget:

1. Identify the type of Budget, either Unit Costs or Unit Rates, for each service provided.
2. Provide a definition and cost for each service.
3. Describe the basis for the Unit Costs/Unit Rates and state when the basis was established or updated.
4. Will your project be funded by any other source(s) and if so, state the other source(s)?

Please note, Federal funds may not supplant state or local funds. Monroe County will be the subrecipient of Federal FDLE funds. Monroe County will enter into a contract with the organization should this Project Proposal be selected for funding. All applicable Federal requirements of the granting agency will also be the responsibility of the proposal organization and will be included in the contract.

Insert your response here.

The budget reflects costs directly associated with the prevention of Recidivism in Dually Diagnosed Adults residing in the Heron Assisted Living facility in Marathon, Florida.

All services provided at The Heron are included in a bundled daily rate.

	<i>DCF Unit Cost Budget</i>	<i>Byrne Grant Related</i>
<i>Total Operating Budget:</i>	<i>\$391,382.69</i>	<i>\$119,599.15</i>
<i>Unit of Service:</i>	<i>a day in residence</i>	<i>a day in residence</i>
<i>Minimum Service Level</i>	<i>4964 days</i>	<i>4964 days</i>
<i>Unit Rate</i>	<i>\$78.84</i>	<i>\$24.09</i>
	<i>Byrne Grant</i>	
<i>Grant Funding:</i>	<i>\$42,515.00</i>	
<i>Unit of Service:</i>	<i>a day in residence</i>	
<i>Units of Service:</i>	<i>approximately 1764.84 days</i>	
<i>Unit Rate:</i>	<i>\$24.09</i>	

MONROE COUNTY, FL – PROJECT PROPOSAL FOR
FLORIDA DEPARTMENT OF LAW ENFORCEMENT
EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM

BUDGET NARRATIVE (Continued)

Note that, while some of the costs of a bed day are partially covered by client fees and DCF state funding, the DCF invoice process assures that there will be no supplanting or double billing:

- 1. DCF funding is the payer of last resort so any client payments (which are no way covering the full costs—determined to be \$78.84 per day per the state funding contract approved July 1, 2016), the HSAB funding and the FDLE funding are reported to offset any state funding that may be due. Other funding is reported in the DCF invoices so as not to double bill. Of note is that all three types of payments are considered as fulfilling the match requirement.*
- 2. The Byrne grant is only covering a portion of the cost and*
- 3. DCF does not cover all of the client bed days/costs. The funding is limited by contract.*

The line item is in the budget category of "Contractual Services." A contract with the treatment provider will be developed to be utilized during the established grant period.

Monthly invoices are provided to Monroe County by the treatment provider, including units of service provided each month. Documentation summarizing the number of days that each eligible client resided in the facility is available upon request. Invoices are reviewed by County Office staff for approval of payment.

TOTAL PROGRAM COST: 1764.84 bed days (4.83 eligible residents per day x 365 days) times \$24.09 = \$42,515.00 (rounded). \$42,515.00 will be funded by Byrne.

ORGANIZATION INFORMATION

Organization Name: Guidance/Care Center, Inc.
Contact Person/Title: Maureen Kempa, Area Director
Address: 1205 Fourth Street
City, Zip Code: Key West, FL 33040
Telephone Number: 305-434-7660 ext 31221
E-mail Address: Maureen.kempa@westcare.com



PROJECT INFORMATION

Project Title: Women's Jail Incarceration Drug Abuse Treatment Program
Project Director: Adeline McTavous, PhD
Primary Physical Location of Program: Monroe County Detention center – Key West
Project Period: **October 01, 2016 through September 30, 2017**

PROJECT OVERVIEW

JAG Funds may be used for any one of the following purpose areas.

Choose ONE Federal Purpose Area

- Law Enforcement Programs
- Prosecution and Court Programs
- Prevention and Education Programs
- Corrections and Community Corrections Programs
- Drug Treatment and Enforcement Programs**
- Planning, Evaluation, and Technology Improvement Programs

PROBLEM IDENTIFICATION

Provide a description of the problem addressed with the proposed project.

Be sure to address the following items:

1. **Problem Description**. What is the problem, define the problem?
2. **Problem Significance**. Why is the problem significant and who is affected by the problem? Why do we need your project to address this problem now?
3. **Needs Assessment**. Identify the current scope of the problem and support your statements with factual information. Use measurable and descriptive data.

South Florida, including Monroe County and the Florida Keys, continues to have the unfortunate distinction of being designated as a high-intensity drug trafficking area and, as such, is a leading illicit drug importation area. This has increased the availability of illicit drugs in Monroe County resulting in drug abuse rates higher than both the state and national averages. Specifically in regards to the female population of Monroe County which is the population of focus for this grant request, the latest Behavioral Risk Factor Surveillance Survey compiled by the Florida Department of Health reports rates of drug involvement as over twice that of the state average and four times that of the much larger Miami-Dade County to the north. The Agency for Healthcare Administration in its Emergency Department and Inpatient Hospitalization Data of 2011 publication indicates that female residents of our county had over twice the state rate per 100,000 populations for emergency room treatment for acute drug intoxication. In addition, Monroe has over twice the state average for DUI arrests and, consequently, almost three times the state average for vehicular deaths involving drug use. Opioid and crack cocaine addiction also continues to ravage the community and lead addicts quickly into the criminal justice system. The GAINS Center estimates that US jails admit approximately 1.1 million people with serious mental illness annually and among these admissions, 72% also meet criteria for co-occurring substance use disorders. Monroe County Sheriff's Department reports that between January 2012 and March 2015, there were over 3,000 females who were rearrested for substance related crimes.

For many drug involved women, the obsession surrounding use and attainment of illicit and legal drugs of abuse often lead to legal involvement, criminal conduct, neglect of family and self, and ultimately incarceration. In addition; the destruction of parent-child relationships, increased domestic violence, increased crime, child abuse and neglect, foster care placement, divorce, stress on the legal and medical systems of a county with very limited resources, and global negative effects on our communities and quality of life are also directly affected. Recognizing the significant need for appropriate treatment among greater numbers of

incarcerated women whose level of drug involvement is such that they would not benefit from available outpatient treatment, the Guidance/Care Center along with the Monroe County Sheriff's Office created the Jail In-House Drug Treatment Program located within the Monroe County Detention Center in 1992. It remains today as one of the few such programs operated within a county jail in Florida and the only opportunity for women to receive intensive drug abuse treatment within Monroe County. Moreover, these women are able to get treatment quickly instead of being one of the 66% of substance abusing Florida residents who desire help but are unable to access treatment due to Florida's lengthy waiting list for substance abuse services as reported by the Florida Department of Children and Families. Increasingly, the behavioral health field is moving toward integrated care, which means recognizing that substance abuse also goes hand in hand with a mental illness and primary care needs. Through the use of evidence-based practices and curriculums, the program has been able to reduce its mean 6-year recidivism percentage from 20.7% to 7% in the last 12 months. Further, there has only been one rearrests in the past 18 months of those women who graduated the program. The program has a very close relationship with county judges, attorneys, and the administration and staff of the Monroe County Detention Center as well as city and county authorities. Women who complete treatment are often granted early release from incarceration to return to their families and begin rebuilding their lives and the lives of their loved ones thereby saving the county the expense of their continued detainment. Skills attained within the context of treatment increases the chances of sustained recovery, healthier family and other personal relationships, healthier children, and safer communities.

PROJECT SUMMARY (SCOPE OF WORK)

Describe how your proposed project will focus on the problem.

Be sure to address any of the following items that are relevant to your project:

1. What will your project accomplish?
2. Who will receive services? **Participants must be involved with the criminal justice system.**
3. Who will provide services?
4. **State what documentation will be provided to document deliverables.**
5. Give a general description of cost covered by grant funds.

Please note, there will be a focus on validating delivery of services and ensuring deliverables were met. Supporting documentation will be required and reviewed throughout the project and will be provided to FDLE.

In 1992, The Jail In-House Program (JIP), as it was initially named, was developed in the Monroe County Detention Center and began providing substance abuse treatment services to county inmates in order to lay the foundation for sustained recovery. The majority of clients are court ordered by the Drug Court, Circuit Court and County Court Judges in Monroe County. Others enter the program as volunteers who have met the criteria for drug/alcohol treatment and will be in the county jail a minimum of 182 days. The program has established a positive reputation county wide, working closely with judges, prosecutors and defense attorneys throughout the county. DCF and CARF accreditation audits for the past six years reported that this program meets or exceeds Best Practice standards with 100% compliance. This year's funding will allow services to continue for this population in the detention center.

In May 2010, the Commission on Accreditation of Rehabilitative Facilities (CARF) evaluated the JIP program for accreditation. The process of accreditation has strengthened assessment and treatment. The program received renewed three-year accreditation in June 2016. The Jail Incarceration Program met the highest CARF standards and received recognition for its positive relationships between correctional staff and treatment/clinical staff. The agency has submitted its 2016 Annual Conformance to Quality Reports to CARF and continues to meet the highest accreditation standards.

Client-centered individualized treatment plans tailored to the needs of women are a cornerstone of gender-responsive treatment. After developing these plans in partnership with the program participant, treatment plan reviews, and case management services to provide community continue to refine the plan. The assessment at enrollment provides a comprehensive picture of client needs and assists in developing a person-centered Wellness

Plan that is updated with the participant every 30 days. A licensed clinician also provides a Brief Behavioral Status Exam upon admission to diagnose and make appropriate recommendations. Admission policies are welcoming to individuals with co-occurring disorders, learning disabilities, and illiteracy, as well as other special individualized needs. This allows access for all who probably otherwise would not receive services.

If identified as having a possible mental health issue, the client receives a referral to an Armor Correctional psychiatrist as well as participating in services to address the substance use disorder, trauma specific treatment and criminal thinking. Treatment of mental illness is monitored by program staff as a vital part of recovery from substance abuse. Participants are given appointments with the Guidance/Care Center psychiatrist upon completion of the program and are assigned a case manager to help them with appointments, treatment adherence, accessing of community services and medication assistance. Psychotropic medications are provided with a discount or free of charge to participants who cannot afford their medications or who lack insurance coverage. The case manager helps the client apply for Medicaid or Affordable Health Care upon discharge from the program.

Treatment in the program is a minimum of six months and a maximum of one year. Aftercare services are encouraged as a part of re-entry planning and last up to six months once the participant is released. The Guidance/Care Center provides aftercare throughout the county in community-based facilities. Aftercare is given priority and participants are enrolled before they are released. These services are not funded by the grant and are available to all participants regardless of ability to pay.

The Guidance/Care Center employs the program staff and has a 43 year history of providing behavioral health services. The program will require 1 full time counselor to provide all core program services to no less than 30 women for the one-year grant period and a clinical supervisor. Administrative support to conduct regular case staffing, provide services, collect and report data, and monitor program outcomes will be billed at .25 FTE.

Program services will be delivered using several evidence based practices including a Cognitive Behavioral Therapy (CBT) based curriculum. Additionally, Moral Reconciliation Therapy, another systematic treatment strategy that seeks to decrease recidivism among criminal offenders by increasing moral reasoning is included. Throughout the treatment episode participants use a client workbook that belongs to them. Treatment in the correctional setting will incorporate trauma-informed and gender-responsive treatment through the use of the evidenced-based "Seeking Safety" treatment model that incorporates treatment of PTSD into traditional treatment of substance use disorders. Seeking Safety offers 25 treatment topics, each with a clinician guide and client handouts and four combination topics. These relational models support the development of healthy relationships with self, significant others, and the

community at large in order to reduce the risk of relapse and recidivism. Staff will use individual and group formats to deliver core services. Relapse Prevention Therapy incorporates Motivational Interviewing to facilitate movement through the stages of change, and helps participants develop real life tools to cope with relapse triggers. Additionally, there is a curriculum taught in Anger Management. Together, these five curriculum models have served to strengthen the efficacy of the program and have lowered the rate of drop-out in the program and recidivism. The program staff, in conjunction with the corrections staff, conduct random drug testing on all participants and positive tests can result in 30 days in lock-up and a return to court for judicial review of the case. Tests used are a 10 panel dip stick testing for amphetamine, benzodiazepines, cocaine, opiates, synthetic opiates, THC, PCP, barbiturates, MDMA and methadone. These tests also include adulteration and temperature strips to ensure the sample has not been tampered or masked.

Comprehensive treatment components of this program include: Education about addiction and the consequences of criminal behavior; Anger and emotional control; Teaching and learning about healthy ways of thinking, feeling, and acting in an atmosphere of mutual respect; Trauma-informed care and treatment to include sexual abuse and domestic violence; Emphasis on physical and emotional wellness; Learning, developing, and practicing positive coping skills; Developing and implementing a realistic and hopeful life plan; Continuum of care supports; Connecting and coordinating aftercare in the community and through 12-step/support group involvement; and Discharge with transition planning.

Deliverables for this grant are the specific services provided including assessment, individual therapy, group therapy and case management. Each client has a clinical chart that includes the assessment, treatment plan, and each service provided. Progress as well as how the service is connected to the individual treatment plan is indicated on each note. Each month GCC will submit the summary of events by unit to Monroe County as documentation for the deliverables of this grant.

PROJECT ACCOMPLISHMENTS – Objectives and Measures

Describe the accomplishments or benefits of the project. The description should link back to the project Summary (Scope of Work). Explain how the accomplishments will be measured and documented.

Also, select **ONE** of the Federal Purpose Areas below, which should correspond to your selection from page one, and answer all of the questions for that item.

1. Will your project be implementing a **Law Enforcement Program**? (*Law enforcement organizations only*)
 - a. Describe the law enforcement program you will be implementing, expanding, and sustaining?
 - b. How many programs will be new and what type of program will they be?
 - c. What is the target population and what type of events will be held?
2. Will your project be a **Prosecution and Court Program** (activities conducted in courts)?
 - a. What types of court programs will you have?
 - b. How many new cases will be prepared, how many will be drug related?
3. Will your project be a **Prevention and Education Program**?
 - a. How many prevention and education programs will you implement?
 - b. How many will be substance abuse prevention or education programs?
 - c. What types of prevention and education programs will be provided?
 - d. How many participants will the program serve?
 - e. Will you be developing program materials? If yes, what types of materials will be developed and how many?
 - f. How many educational activities and materials will be disseminated and where will they be disseminated?
4. Will your project be a **Corrections and Community Corrections Program**? (*Activities conducted by corrections agencies in correctional facilities or in the community*).
 - a. Will you provide cognitive based corrections and community corrections (CCC) services?
 - b. Will you provide education, employment, Health Care/Medicaid Eligibility, Housing, pro-social, or substance abuse CCC services?
 - c. How many participants will you serve?
 - d. How many participants will be new and how many will complete the program?
 - e. Will your CCC program provide evidence-based services?
 - f. If yes, how many evidence-based services will be provided?

- g. If yes, what type of evidence-based services will be provided?
- 5. Will your project be a **Drug Treatment and Enforcement Program**?
 - a. Will your program admit participants to drug treatment programs? If so, how many participants will be enrolled programs?
 - b. Will your drug treatment program provide evidence-based treatment services?
 - c. How many evidence-based services will be provided?
 - d. What type of evidence-based services will be provided?
 - e. Will the program provide inpatient services? If yes, how many days of inpatient services will participants receive?
 - f. Will the program provide outpatient services? If yes, how many sessions of outpatient services will participants receive?
 - g. Will participants be tested for the presence of alcohol or illegal substances? If so, how many will be tested and how many will test positive?
 - h. How many participants will successfully complete all program requirements?
 - i. Will this program expand existing services? If yes, identify the services which are being added.
- 6. Will your project be a **Planning, Evaluation, and Technology Improvement Program**?
 - a. How many programs will be evaluated?
 - b. What kind of new programs will be evaluated and evaluated?
 - c. How many evidence-based programs/practices will you implement?
 - d. What type of evidence-based programs/practices will be implement?
 - e. How many evidence-based program/practices will be evaluated?
- 7. Will your project be a **Crime Victim and Witness Program**?
 - a. How many crime victims and/or witnesses will be served?
 - b. What types of services will be provided?
 - c. How many will receive referrals for additional services?

Please note, these questions are to provide us with specific details regarding the nature of the proposed project. Should your project be selected for funding, additional Objectives and Measures will be necessary to meet Federal and State requirements. Quarterly performance reporting on the Objectives and Measures of the project will also be required.

PROJECT ACCOMPLISHMENTS (Continued)

A total of 25 women have been enrolled into the program and 13 have graduated the program to date this year, with 0 women terminated for disciplinary action. (Women with unsuccessful completion were released from jail before 6 months or were sent to prison on their original charge.) All women were referred for aftercare in the community. Recidivism rate is currently <7%, and several women have gone on to complete the Offender Reentry Program, Samuel's House, Diversion, probation, and other aftercare programs. JIP participants are prioritized for work release and trustee programs based on their dedication to change. Two women have continued employment the work release program with McDonalds. We have also had two others who have returned to college to complete their degrees. Several women have been praised in court by their sentencing judges for significant changes in attitude and behavior. The program is fully staffed, which leaves more time to focus more closely on individual needs, including improved substance abuse and mental health treatment.

5. Drug Treatment and Enforcement Program

- a. Will your program admit participants to drug treatment programs? **Yes** If so, how many participants will be enrolled programs? **30 women**
- b. Will your drug treatment program provide evidence-based treatment services? **Yes**
- c. How many evidence-based services will be provided? **4**
- d. What type of evidence-based services will be provided? **Group and Individual Therapy using Cognitive Behavioral Therapy, Seeking Safety, Relapse Prevention, Moral Reconation Therapy (MRT)**
- e. Will the program provide inpatient services? **No** If yes, how many days of inpatient services will participants receive? **N/A**
- f. Will the program provide outpatient services? **Yes** If yes, how many sessions of outpatient services will participants receive? **5,040 (6 to 8 hours per week for each participant for 24 weeks) Services include assessment, individual therapy, group therapy and case management**
- g. Will participants be tested for the presence of alcohol or illegal substances? **Yes** If so, how many will be tested and how many will test positive? **There are approximately 108 tests per year. All participants are tested randomly and no more than 3 will be positive.**
- h. How many participants will successfully complete all program requirements? **26**
- i. Will this program expand existing services? **No** If yes, identify the services which are being added.

BUDGET NARRATIVE

Provide a detailed Budget Narrative for the proposed project.

Be sure to include the following in your Budget:

1. Identify the type of Budget, either Unit Costs or Unit Rates, for each service provided.
2. Provide a definition and cost for each service.
3. Describe the basis for the Unit Costs/Unit Rates and state when the basis was established or updated.
4. Will your project be funded by any other source(s) and if so, state the other source(s)?

Please note, Federal funds may not supplant state or local funds. Monroe County will be the subrecipient of Federal FDLE funds. Monroe County will enter into a contract with the organization should this Project Proposal be selected for funding. All applicable Federal requirements of the granting agency will also be the responsibility of the proposal organization and will be included in the contract.

Budget Detail

Salaries and Benefits	\$ 0
Expenses:	
Contractual Services:	
• Assessments 80 quarter hours @ \$17.71	1,417
• Individual Therapy 387 quarter hours @ \$20.33	7,868
• Group Therapy 3,069 quarter hours @ \$5.08	15,590
• Case Management 658 quarter hours @ \$18.93	<u>12,456</u>
Total Contractual Services	\$37,331
Total Budget	\$37,331

Budget Narrative:

The budget reflects costs directly associated with the provision of substance abuse treatment, mental health and educational services to inmates of Monroe County jail. The unit cost rates were derived by using the hourly rates from the FY 2016-17 state funding contract for Substance Abuse and Mental Health services and dividing by 4 to arrive at the quarter hour rates. A contract with the treatment provider will be developed to be utilized during the established grant period.

Psychosocial Assessment: Monroe County through a contracted treatment provider will interview all program participants for the purposes of data collection of educational, employment, criminal, medical, family, substance abuse and mental health histories to assist in the determination of the inmates' appropriateness for the program and to update treatment plans.

Unit of Service: Client direct service quarter hour

Unit Rate \$17.71

Units Requested 80 quarter hours to be paid for by this grant.

Total Cost \$1,417

Individual Counseling: Monroe County through its contracted treatment provider will provide counseling to all program participants to review progress and develop treatment plans and work on treatment plan goals and objectives.

Unit of Service: Client direct service quarter hour:

Unit Rate \$20.33

Units Requested 387 quarter hours to be paid for by this grant.

Total Cost \$7,868

Group Therapy: Monroe County through its contracted treatment provider will provide group therapy to all program participants weekly. Group counseling among program participants will be conducted to include the introduction of "Self-help groups" and their attendance to establish an ongoing support network.

Unit of Service: Client direct service quarter hour

Unit Rate \$5.08

Units Requested 3,069 quarter hours to be paid for by this grant.

Total Costs \$15,590

Case Management: Monroe County through its contracted treatment provider will provide the coordination of adjunctive services, discharge planning, communication with collateral contacts, linkage with other treatment resources to all program participants.

Unit of Service: Client direct service quarter hour

Unit Rate \$18.93

MONROE COUNTY, FL – PROJECT PROPOSAL FOR
DEPARTMENT OF LAW ENFORCEMENT
MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM

FLORIDA
EDWARD BYRNE

Units Requested 658 quarter hours to be paid for by this grant.

Total Cost \$12,456

Monthly invoices are provided to Monroe County by the treatment provider summarizing activities for which they seek payment. These are reviewed by Monroe County staff for approval of payment.

TOTAL PROGRAM COST \$37.331.00

MONROE COUNTY, FL – PROJECT PROPOSAL FOR
FLORIDA DEPARTMENT OF LAW ENFORCEMENT
EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM

ORGANIZATION INFORMATION

Organization Name: Florida Keys Outreach Coalition, Inc. (FKOC)

Contact Person/Title: Rev. Stephen E. Braddock, Ph.D. President & CEO

Address: P.O. Box 4767

City, Zip Code: Key West, FL 33040-4767

Telephone Number: 305-295-7741

E-mail Address: FrBraddock@cs.com & FKOC4homeless@cs.com



PROJECT INFORMATION

Project Title: FKOC Supportive Housing: Substance Abuse Education & Relapse Prevention

Project Director: Rev. Stephen E. Braddock, Ph.D.

Primary Physical Location of Program:

- Neece Center for Homeless Recovery- 2221 Patterson Ave., Key West, FL 33040
- Nancy Rossell Center- 1615 Truesdale Court, Poinciana Plaza, Key West, FL 33040
- Sunlight House- 1616 Truesdale Court, Poinciana Plaza, Key West, FL 33040
- Sunrich House- 1618 Truesdale Court, Poinciana Plaza, Key West, FL 33040
- Sunshine House- 1620 Truesdale Court, Poinciana Plaza, Key West, FL 33040
- Peacock Supportive Living- 1622 and 1624 Spalding Court, Key West, FL 33040

The seven residential facilities listed above have the capacity to provide housing and supportive services for 162 individuals at any given point in time.

Project Period: **October 01, 2016 through September 30, 2017**

PROJECT OVERVIEW

JAG Funds may be used for any one of the following purpose areas.

Choose ONE Federal Purpose Area

- Law Enforcement Programs
- Prosecution and Court Programs
- Prevention and Education Programs X
- Corrections and Community Corrections Programs
- Drug Treatment and Enforcement Programs
- Planning, Evaluation, and Technology Improvement Programs
- Crime Victim and Witness Programs

PROBLEM IDENTIFICATION

Provide a description of the problem addressed with the proposed project.

Be sure to address the following items:

1. Problem Description. What is the problem, define the problem?
2. Problem Significance. Why is the problem significant and who is affected by the problem? Why do we need your project to address this problem now?
3. Needs Assessment. Identify the current scope of the problem and support your statements with factual information. Use measurable and descriptive data.

Insert your response here. Add additional pages as needed.

1. Abstinence and relapse prevention is the most important part of substance abuse recovery and the most successful relapse prevention program is one that can be reliably sustained over a long period of time. Frequent urine testing has been shown to increase the probability of remaining abstinent from alcohol and illegal drugs.

Alcohol and substance abuse prevention and education programs are essential components in helping individuals heal and attain lives of sobriety, independence and self-sufficiency as contributing members of our community.

2. Between the period of 10/01/2015 to the date of this application 08/12/2016 FKOC has provided housing and supportive services to three hundred six (306) adults. 76% of those individuals equating to two hundred thirty-three (233) individuals served have a documented history with the criminal justice system; including repeat offenders, chronically homeless, alcohol and/or substance abusers, and individuals living with serious mental illness requiring continuous mental health care, observation, and medication management.

FKOC's supportive living programs offer a safe, sober living environment for those recovering from homelessness. Many exiting the criminal justice system find themselves struggling to find affordable housing that is supportive of their recovery from substance use. As the affordable housing crisis in the Florida Keys continues to increase, FKOC offers individuals and families with little resources the opportunity to rebuild their lives while creating a foundation for continued stability, increased income, and decreasing their likelihood of reoffending.

3. **Addiction and relapse very often precipitates offender recidivism. The greatest potential to reduce re-incarceration and drug relapse among offenders is a continuum of treatment and individualized care; one that incorporates the need for complimentary services such as supportive housing, intensive case management, peer-to-peer support groups, life skills education and education to minimize the risk of relapse.**

Reporting for grant year October 1, 2015 through August 12, 2016- FKOC has admitted two hundred thirty-three (233) adults with a criminal background history into one of our seven residential facilities. Referrals have been made by the Offender Release Program and courts; Monroe County Sheriff's Office CARE4U Jail Diversion Program, The Guidance/Care Center, and other community partners. Under the current grant year, FKOC administered 10,555 drug tests through August 1, 2016.

During 2016 84% of FKOC clients exited the program clean and sober with housing stability and 75% with increased income.

One hundred percent (100%) of clients served by the Edward Byrne Memorial Justice Assistance Grant Program and Clerks Drug Abuse Trust Fund will receive individualized case management and additional services including life skills education; life enrichment programs; health education/screenings; support with crisis intervention, transportation assistance, advocacy and links to community and mainstream resources.

PROJECT SUMMARY (SCOPE OF WORK)

Describe how your proposed project will focus on the problem.

Be sure to address any of the following items that are relevant to your project:

1. What will your project accomplish?
2. Who will receive services? **Participants must be involved with the criminal justice system.**
3. Who will provide services?
4. **State what documentation will be provided to document deliverables.**
5. Give a general description of cost covered by grant funds.

Please note, there will be a focus on validating delivery of services and ensuring deliverables were met. Supporting documentation will be required and reviewed throughout the project and will be provided to FDLE.

Insert your response here. Add additional pages as needed.

All clients served under the Edward Byrne Memorial Justice Assistance Grant Program will have a documented history with the criminal justice system.

Clients are tested on-site frequently and randomly for drug and alcohol use.

FKOC's experience has been that requiring ex-offenders with a history of substance abuse to seek treatment and participate in relapse prevention activities is not so much that coercion may improve the individual's chance of continued sobriety and reduce the likelihood of reoffending, but that relapse prevention programs do indeed improve coercion's dismal record, particularly the risk of incarceration, in reducing criminal behavior.

Drug tests detect the use of alcohol, cocaine, THC, Amphetamines, benzodiazepine, opiates, synthetic cannabis and oxycodone. FKOC will purchase testing supplies and administer a minimum of 7,126 alcohol/drug tests between October 1, 2016 and September 30, 2017.

FKOC's Byrne/JAG grant funded supportive services will be limited strictly to:

- Alcohol and drug abuse relapse prevention and education

FKOC will provide copies of invoices to show purchasing and monthly spreadsheets to show drug and alcohol testing statistics. Additionally, upon request FKOC will be able to provide individual drug and alcohol testing sheets and service records from our HMIS system with names of participants redacted. Please note, due to the large number of individuals served to

MONROE COUNTY, FL – PROJECT PROPOSAL FOR
FLORIDA DEPARTMENT OF LAW ENFORCEMENT
EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM

provide this as a regular documentation would create a substantial amount of paperwork to be reviewed by Monroe County grant management staff.

Final note: In April of 2014, The Florida Keys Outreach Coalition was asked to assume leadership of Peacock Supportive Living for adults with mental illness. Peacock Supportive Living has seen significant changes in the two years it has been under FKOC including improving safety and security of the buildings, reducing programming costs, increasing the number of beds available, and stabilizing the client population. FKOC has introduced support services to help better serve the most vulnerable in community. A key component of this stabilization has been the ability to increase drug and alcohol screening in addition to education and prevention allowing longer periods of sobriety and stability. FKOC is proud of this successful transition and looks forward to continuing to work with our community to face its greatest needs at its most pressing times.

PROJECT ACCOMPLISHMENTS – Objectives and Measures

Describe the accomplishments or benefits of the project. The description should link back to the project Summary (Scope of Work). Explain how the accomplishments will be measured and documented.

Also, select **ONE** of the Federal Purpose Areas below, which should correspond to your selection from page one, and answer all of the questions for that item.

1. Will your project be implementing a **Law Enforcement Program**? (*Law enforcement organizations only*)
 - a. Describe the law enforcement program you will be implementing, expanding, and sustaining?
 - b. How many programs will be new and what type of program will they be?
 - c. What is the target population and what type of events will be held?
2. Will your project be a **Prosecution and Court Program** (activities conducted in courts)? No
 - a. What types of court programs will you have?
 - b. How many new cases will be prepared, how many will be drug related?
3. Will your project be a **Prevention and Education Program**? Yes
 - a. How many prevention and education programs will you implement? 1
 - b. How many will be substance abuse prevention or education programs? 1
 - c. What types of prevention and education programs will be provided? Drug Prevention & Substance Abuse
 - d. How many participants will the program serve? 175 minimum new participants
 - e. Will you be developing program materials? If yes, what types of materials will be developed and how many? None
 - f. How many educational activities and materials will be disseminated and where will they be disseminated? N/A
4. Will your project be a **Corrections and Community Corrections Program**? (*Activities conducted by corrections agencies in correctional facilities or in the community*).
 - a. Will you provide cognitive based corrections and community corrections (CCC) services?
 - b. Will you provide education, employment, Health Care/Medicaid Eligibility, Housing, pro-social, or substance abuse CCC services?
 - c. How many participants will you serve?
 - d. How many participants will be new and how many will complete the program?

- g. If yes, what type of evidence-based services will be provided?
5. Will your project be a **Drug Treatment and Enforcement Program**? No
- a. Will your program admit participants to drug treatment programs? If so, how many participants will be enrolled programs?
 - b. Will your drug treatment program provide evidence-based treatment services?
 - c. How many evidence-based services will be provided?
 - d. What type of evidence-based services will be provided?
 - e. Will the program provide inpatient services? If yes, how many days of inpatient services will participants receive?
 - f. Will the program provide outpatient services? If yes, how many sessions of outpatient services will participants receive?
 - g. Will participants be tested for the presence of alcohol or illegal substances? If so, how many will be tested and how many will test positive?
 - h. How many participants will successfully complete all program requirements?
 - i. Will this program expand existing services? If yes, identify the services which are being added.
6. Will your project be a **Planning, Evaluation, and Technology Improvement Program**?
No
- a. How many programs will be evaluated?
 - b. What kind of new programs will be evaluated and evaluated?
 - c. How many evidence-based programs/practices will you implement?
 - d. What type of evidence-based programs/practices will be implement?
 - e. How many evidence-based program/practices will be evaluated?
7. Will your project be a **Crime Victim and Witness Program**? No
- a. How many crime victims and/or witnesses will be served?
 - b. What types of services will be provided?
 - c. How many will receive referrals for additional services?

Please note, these questions are to provide us with specific details regarding the nature of the proposed project. Should your project be selected for funding, additional Objectives and Measures will be necessary to meet Federal and State requirements. Quarterly performance reporting on the Objectives and Measures of the project will also be required.

PROJECT ACCOMPLISHMENTS (Continued)

Insert your response here. Add additional pages as needed.

FKOC has offered a safe, sober living environment with numerous support services to assist those struggling with housing and poverty issues for 25 years. For many exiting the criminal justice system, securing housing and employment can be very challenging. At FKOC ex-offenders receive comprehensive services that help them overcome a multitude of challenges that potentially could lead to individuals re-offending. FKOC's experience has been that requiring ex-offenders with a history of substance abuse to seek treatment and participate in relapse prevention activities do reduce the rate of incarceration and reduce criminal behavior.

FKOC carefully documents the accomplishments of the individuals in Supportive Housing in the Homeless Management Information Services (HMIS). Among the achievements tracked are drug and alcohol testing, obtaining employment, increased income, securing government benefits, completion of life skill programs, and case notes documenting individual success. FKOC is committed to maintaining a rate of 80% or more of individuals exiting our programs will enter permanent housing.

3. Will your project be a Prevention and Education Program? Yes

a. How many prevention and education programs will you implement? 1

b. How many will be substance abuse prevention or education programs? 1

c. What types of prevention and education programs will be provided? Drug Prevention & Substance Abuse

d. How many participants will the program serve? 175 minimum new participants.

e. Will you be developing program materials? If yes, what types of materials will be developed and how many? None

f. How many educational activities and materials will be disseminated and where will they be disseminated? N/A

BUDGET NARRATIVE

Provide a detailed Budget Narrative for the proposed project.

Be sure to include the following in your Budget:

1. Identify the type of Budget, either Unit Costs or Unit Rates, for each service provided.
2. Provide a definition and cost for each service.
3. Describe the basis for the Unit Costs/Unit Rates and state when the basis was established or updated.
4. Will your project be funded by any other source(s) and if so, state the other source(s)?

Please note, Federal funds may not supplant state or local funds. Monroe County will be the subrecipient of Federal FDLE funds. Monroe County will enter into a contract with the organization should this Project Proposal be selected for funding. All applicable Federal requirements of the granting agency will also be the responsibility of the proposal organization and will be included in the contract.

Insert your response here.

MONROE COUNTY, FL – PROJECT PROPOSAL FOR
FLORIDA DEPARTMENT OF LAW ENFORCEMENT
EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM

BUDGET NARRATIVE (Continued)

A. Total budget \$21,000.00

Project Income:

JAG Funds 8,845.00

MC SAFF 5,553.48

Occupancy Fees 6,601.52

Total \$21,000.00

Project Expenses:

Alcohol/Drug Test Kits 21,000.00

Total Expenses 21,000.00

B. The total budget allowance for drug screening is \$21,000. Any amount not funded by JAG will be sought by occupancy fees and the Monroe County Sheriff's Shared Asset Forfeiture.

C. Individual test screens range from \$.75 to \$3.40 depending upon the substance type. Calculated average cost per unit is 1.24.

D. There are no salary, benefits or administrative costs related to this grant request.

MONROE COUNTY, FL – PROJECT PROPOSAL FOR
 FLORIDA DEPARTMENT OF LAW ENFORCEMENT
 EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) PROGRAM

Budget Information (Continued)

Vendor: Alere Toxicology, Inc.

TEST	STICKS	Per Unit Cost	TOTAL
MultiPanel	200	3.40	680.00
Alcohol	2,376	2.00	4,752.00
Cocaine	1,275	.75	956.25
THC	1,500	.75	1,125.00
Oxy	200	.75	150.00
Opi/Mor	275	.75	206.25
Amp	250	.75	187.50
Benzo	600	.75	450.00
Meth	450	.75	337.50
TOTALS	7,126		\$8,844.50