

County of Monroe

The Florida Keys



Employee Health Preventive Care - Assessment Acknowledgment Form

Effective January 1, 2017

Services provided between: 11/1/16 through 10/31/17

Employee Name: _____ Age: _____
(Please Print)

Male: _____ Female: _____

EMPLOYER: _____
(Please Print)

Physician Name: _____ Completion Date: _____
(Please Print)

Physician Acknowledgement: My signature below indicates that the following tests, assessments, clinicals indicated, pertain to the employee identified above, have been measured, if I deemed appropriate. The results of which have been reviewed with the employee in accordance with established treatment protocols.

Biometrics Information:

| Check if completed | | Recommended tests (Not required) if applicable at Physician's discretion: |
|--------------------|--|---|
| | Wellness checkup/Physical | Vitamin D |
| | <i>The below can be done at the County's annual health fair or with your personal physician:</i> | Vitamin B |
| | Height/Weight | CBC |
| | Blood Pressure: Systolic/Diastolic | CMP |
| | Cholesterol : LDL/HDL/Triglycerides | TSH |
| | Blood Sugar Level | Bilirubin screening |
| | Body Mass Index (BMI) | HBA1c (if diagnosed diabetic) |

Required Preventive Screenings discussed with Physician. If screening is recommended and done at a different office (such as a hospital), proof of procedure/visit with name of patient and date of procedure must be attached to this form.

_____ **Mammogram:** Annually at ages 40+

OR

_____ Not required at this time (age, screening given within past year, etc.)

_____ **Pap Test:** Women age 21-65 every 3 years or women age 30-65 Pap Test/HPV combined every 5 years; Ages 65+ discuss with doctor

OR

_____ Not required at this time

_____ **Screening for Colorectal Cancer:** Ages 50-75 with either a colonoscopy, fecal occult blood test or sigmoidoscopy

OR

_____ Not required at this time

_____ **Abdominal Aortic Aneurysm Check:** One-time men ages 65-75 who have ever smoked

OR

_____ Not required at this time

_____ **Lung Cancer Screening:** Ages 55-80; 30 pack smoker history, current smoker/quit within past 15 years

OR

_____ Not required at this time

_____ **Bone Mineral Density Screening and prescribed medication for osteoporosis:** Women beginning 65+ and in younger women who have increased risk

OR

_____ Not required at this time

_____ **Prostate Cancer Screening:** Discuss with doctor

_____ **Skin Cancer Screening:** Discuss with doctor

Doctor:

I have given the patient the results of these tests and the employee has been counseled on the results and necessary follow up to prevent further health issues:

Physician Signature: _____ Date: _____

Physician Address: _____

Physician Phone #: _____

**Please give patient a copy of this form, completed by physician and mail completed, signed form to:
Monroe County Employee Benefits Office
Gato Building, 2nd Floor, Room 268
1100 Simonton Street
Key West, FL 33040**

EMPLOYEE SIGN BELOW:

I hereby certify that I do not currently use tobacco products and agree to remain tobacco free while participating in the Wellness Program. Tobacco products are defined as cigarettes, cigars, pipe tobacco, chewing tobacco, snuff, dip, electronic or e-cigarettes that contain nicotine or any other product that contains tobacco or nicotine. Nicotine replacement products such as gum and patches are also considered tobacco products.

I further understand that I may be subject to testing to verify non-use of tobacco products. A refusal to submit to a test is considered "positive" for tobacco use and I will not be eligible to participate in the Wellness Program.

Employee Name

Employee Signature

Date

Submitted to County on: _____

Date

Received by Employee Services Employee Name/Signature: _____ Date: _____